Principium Magnesio Completo



Product short description

[:it]**Magnesio Completo** è un integratore, in polvere o compresse, di Magnesio da 4 fonti diverse: pidolato, carbonato, citrato e marino (estratto dall'acqua del mare con un processo di evaporazione). Il Magnesio **contribuisce al normale funzionamento del sistema nervoso, alla normale funzione muscolare ed aiuta a ridurre affaticamento e stanchezza**.[:en]All the benefits of Magnesium in tablets or in a soluble formula[:]

Description

Magnesio completo is a food supplement, in tablets or powder, containing Magnesium from 4 different sources: pidolate, carbonate, citrate and marine (extracted from sea water with an evaporation

process). Magnesium **contributes to the normal functioning of the nervous system and muscles and helps to reduce fatigue and tiredness.** The formulation is completed by Fructo-oligosaccharides (FOS), a short-chain prebiotic fibre.

VISIT WEBSITE WWW.MAGNESIOCOMPLETO.IT

Formulazione:

Average content	**2 doses or 4 tablets**	**%NRVs***
Magnesium powder	450,00 mg	120
Magnesium tablets	400,00 mg	107
*NRVs = Nutrient Reference Values		

Sottotitolo: Magnesium supplement in powder, tablets, sachets

Descrizione Breve: All the benefits of Magnesium in tablets or in a soluble formula

Quando usarlo:

It is recommended for the normal functioning of both nervous system and muscles. Moreover Magnesium helps to reduce fatigue and tiredness.

Come usarlo:

Powder: pour the contents of a teaspoonful into a glass of water, better if lukewarm. Mix well and drink. We recommend one or two teaspoonfuls during the day, between meals.
Tablets: 1-4 tablets per day with a little water between meals

Cosa contiene:

Marine Magnesium (oxide, hydroxide, sulphate, carbonate, chloride), extracted from sea water with an evaporation process; Magnesium Pidolate, Carbonate and Citrate, Fructo-oligosaccharides.

Note:

No gluten, no lactose, suitable to vegans. Powder formula exclusively sweetened with Stevia.
Read the instructions on the package.