



[[:it]]Principium Complesso B Forte[:en]Principium Complesso B Forte (B Forte Complex)[:]



17.00 EUR

[[:IT]]60 CAPSULE VEGETALI [:EN]60 VEGETABLE CAPSULES[:]

Complesso B Forte is a dietary supplement containing group B vitamins, PABA, Inositol and Sunflower Lecithin titrated with 24% Phosphatidylcholine. Its particular high dosage formulation is useful for general wellbeing in situations when it is most needed.

B Vitamins promote energy metabolism and the proper functioning of the nervous system. They are contained in some particular animal foods, therefore vegans and vegetarians are often deficient in such group of vitamins. Furthermore, their supplementation is recommended after antibiotic treatments.

WHEN TO USE IT

To promote general wellbeing in case of increased need or food deficiencies. Recommended in case of vegan or vegetarian diets. Useful after antibiotic treatments.

HOW TO USE IT

1 capsule a day with a little water or other liquid.

WHAT IT CONTAINS

Group B vitamins, PABA, Phosphatidylcholine from Sunflower Lecithin.

NOTES



Gluten free. Lactose free. Suitable to vegans.

Read the instructions on the package.

Formulazione: Average Content	1 capsule	%NRVs*
Vitamin B1	25,0 mg	2272
Vitamin B2	25,0 mg	1785
Niacin (Vit. B3)	45,0 mg	281
Vitamin B6	9,5 mg	678
Vitamin B5	18,0 mg	300
Vitamin B12	33,0 mcg	1320
Folic Acid (Vit. B9)	400,0 mcg	200
Biotin (Vit. B8)	450,00 mcg	900
PABA	10,0 mg	
Inositol (Vit. B7)	100,00 mg	
<small>Sunflower lecithin titrated with 24% phosphatidylcholine equal to phosphatidylcholine</small>	50,0 mg 12,0 mg	
*NRVs = Nutrient Reference Values		